UPDATE FROM THE DIRECTOR

Larry Fetter, Director of Parks & Recreation

Skatepark Design Moving Forward

The Hermiston Parks and Recreation Department has hired California Skateparks Inc to design Hermiston’s new Skatepark to be located east of Mackenzie Park. A second public design workshop will be held on April 18th, 3:45 at the Hermiston High School. The first workshop was held on January 24th where skateboarders helped to develop the current concept. You can review the design, see a concept video and comment on the design on our Facebook page “Hermiston Parks and Recreation.” Construction is planned to begin summer of 2020 after the project is fully funded.

NEW REGISTRATION WEBSITE

Go to: bit.ly/hermistonrecreation

New Features
- Mobile Friendly User Experience
- Access & Sync your Program Calendar
- No more Online Processing Fees
- Intuitive Public Dashboard
  (View Notifications, Upcoming Events, Receipts & League Schedules)

Create Your NEW Profile!
- Set Up Your Family
- Register for a Program
- Buy a Splash Pass
- Reserve a Park Shelter

You are Invited!

SKATEBOARD PARK DESIGN WORKSHOP
April 18, 3:45pm
Hermiston High School

Skatepark preliminary concept image
HERMISTON CITY COUNSEL
Dr. David Drotzmann, Mayor
Lori Davis
Roy Barron
Jackie C. Meyers
Douglas Smith
Manuel Gutierrez
Rod Hardin
John Kirwan
Doug Primmer

PARKS & RECREATION STAFF
Larry Fetter, Director
Parks
Jason Barron, Parks Manager
Brian Fricke, Parks Maintenance
Ruperto Garcia, Parks Maintenance
Gina Wicks, Administrative Assistant
Recreation
Brandon Artz, Recreation Manager
Diana Picard, Recreation Coordinator
Community Center Manager/STEP/Special Events
Kasia Robbins, Recreation Coordinator
Aquatics Manager/Youth Sports/Teen Programs
Jessica Jenson, Recreation Specialist
Adult Sports/Special Events/Marketing

PARKS & RECREATION COMMITTEE
Jeffrey Kelso
Larry Usher
Gary Thompson
Carlisle Harrison
Erica Juarez
Lisa Garcia
Ryan Severs

Hermiston Community Center
Parks & Recreation Office Hours:
M-F 8:00am–5:00pm
415 S. HWY 395
Hermiston, OR 97838
541-667-5018

Hermiston Family Aquatic Center
June - August
879 W. Elm St
Hermiston, OR 97838
541-289-7665

Harkenrider Senior Activity Center
255 NE 2nd St
Hermiston, OR 97838
541-567-3582
Hermiston Family Aquatic Center

Season
Kickoff Weekend: June 8 & 9
Open Daily: June 14 - August 24
Open Labor Day Weekend!

Open Swim Hours
Every Day
1:10pm - 6:45pm

50% off Entry after 5:00pm!

Admission
- Infants (0-1yr) Free
- Child* (1-9 yr) $4
- Youth (10-17 yrs) $5
- Adult (18+) $6
- Seniors (55+) $5

*Children 9 and under must be accompanied by an adult.

Pool Features
- 50-Meter Pool
- 2 Spiral Water Slides
- 5 ft Drop Slide
- 0 Depth Entry Pool
- Lazy River
- Diving Board
- Picnic Areas
- Umbrella & Cabanas
- Concessions

NOTICE
Rule & Regulations are in place for your safety. Failure to follow will result in removal from the facility. If you have any questions see Front Desk.
ALL SEASON SPLASH PASSES

Splash Pass
• Entrance to all Public Swim Hours
• Access to Fast Pass Check-In

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Youth (1-17)</th>
<th>Adult (18+)</th>
<th>Senior (55+)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Price</td>
<td>$60</td>
<td>$70</td>
<td>$60</td>
</tr>
</tbody>
</table>

Splash Pass-Fit
• Access to all Aqua Fitness Classes
• Access to Fast Pass Check-In

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Adult (18+)</th>
<th>Senior (55+)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Price</td>
<td>$60</td>
<td>$50</td>
</tr>
</tbody>
</table>

FAMILY SPLASH PASS!

Swim all summer at this great price!
• Entrance to all Public Swim Hours
• Access to Fast Pass Check-In
• All members must reside in same household

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Adults</th>
<th>Kids</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Adults</td>
<td>2 Adults</td>
<td>4 Kids</td>
<td>$170</td>
</tr>
<tr>
<td></td>
<td>2 Adults</td>
<td>6 Kids</td>
<td>$210</td>
</tr>
<tr>
<td></td>
<td>2 Adults</td>
<td>8 Kids</td>
<td>$250</td>
</tr>
</tbody>
</table>

Fit-Pass Add On!
• Entrance to all Public Swim Hours
• Access to all Aqua Fitness Classes
• Access to Fast Pass Check-In

Add to your Splash Pass
$35/person

AQUATIC FACILITY RENTALS

Full Facility Rental
Fully staffed, exclusive use of all pools and picnic areas. Great for large parties and corporate events!

Fridays - Sundays: June 15-August 18
Time: 7:15pm - 10:15pm
*Additional hours may be available
Cost: $750 - Resident $900 - Non-Resident

Semi-Private Rental
Shared use of all pools with designated area. May be shared with 2 other parties.

Fridays - Sundays: June 15-August 18
Time: 9:30am - 11:30am
*Additional hours may be available
Cost: $150 - Resident $190 - Non-Resident

Picnic Shelter Rental
Use of gazebo and picnic tables during Public Swim.

Time: 1:30pm - 3:30pm
3:45pm - 5:45pm
Cost: $40 - Resident
$50 - Non-Resident

Pool Entry Fee Required
2 Hour Rental
50 Person Maximum
Group rates available

Cabana Rental
Semi-private shaded area with premium lounge chairs. Available during Public Swim.

All Day Rental:
$25 - Regular Cabana
$50 - Large Cabana

RESERVE ONLINE!
### Parent & Child

**Parent/Tot I**

- Infants and toddlers will be introduced to the aquatic environment through exploration. Parents will encourage them to enjoy themselves while learning about the water. Parents will learn skills to help their child acclimate to an aquatic environment.

**Parent/Tot II**

- Parents will learn skills to help their child explore body positions, floating, blowing bubbles, fundamental safety, and aquatic safety. Children will be encouraged to go under the water to explore.

### Preschool Age

**Level 1**

- Focuses:
  - Confidence in placing their entire head under water.
  - Basic self rescue skills.
  - Water safety.

  (Must be at least 3 years old)

**Level 2**

- Focuses:
  - Freestyle arms, kicks & glides
  - Flutter kicks.
  - Basic self rescue skills.
  - Water safety

### What Level

- Does the student respond to verbal commands? Can the student jump when asked?
- Is the student comfortable in the water without a parent? Will the student be comfortable with the instructor?
- Is the student at least 3 years old?
- Is the student comfortable in the water with an instructor?
- Does the student willingly place their entire head under water?
- Is the student confident when doing assisted front and back floats? Does the student remain in a float until the instructor advises to stop?
School Age, Teens, & Adults

**Level 3**
Focuses:
- Using a kickboard while side breathing.
- Improving independent freestyle swimming.
- Intermediate self rescue skills.
- Water safety.

**Level 4**
Focuses:
- Jumping off the diving board.
- Freestyle without the use of a kickboard.
- Intermediate self rescue skills.
- Water safety.

**Level 5**
Focuses:
- Freestyle endurance building.
- Basic diving skills.
- Advanced self rescue skills.
- Water safety.

**Level 6**
Focuses:
- Breaststroke
- 50 meter freestyle endurance
- Dolphin kick.
- Advanced self rescue skills.
- Water safety.

Is the student comfortable using a kickboard while side breathing? Is the student able to do an assisted front to back roll? Do they bob to safety?

Is the student confident and independently able to complete front to back rolls? Is the student a confident freestyle swimmer?

Is the student able to freestyle swim 25 meters without the use of a kickboard? Is the student able to comfortable with breaststroke arms?

Is the student able to freestyle swim 50 meters without the use of a kickboard?

Should I Be In?
Water Aerobics-Low Impact
This great workout will be done in the Multi-Use pool. Hydro belts, dumbbells, and more are supplied. A lazy river workout is included.

Water Aerobics-High Intensity
This workout will be done in the multi-use pool and the deep end of the 50 meter pool. Hydro belts, dumbbells, and more are supplied. A lazy river workout is included.

Lap Swim
Lap lanes will be set up for varying swimming speeds. All swimmers must circle swim in appropriate lanes. Your body will really enjoy this great aerobic workout. Kickboards and pool buoys are available during this time.

Water Walking
Water Walking is only in the Lazy River. All abilities are welcome. This is a great low impact workout for anyone. This Lazy River has a current and you are welcome to walk with or against the current. There is no water walking in the 50 meter pool.

Aqua Zumba
Splash your way into shape with an invigorating low-impact aquatic exercise. Known as the Zumba® “pool party,” the Aqua Zumba program gives new meaning to the idea of a refreshing workout. Integrating the Zumba philosophy with traditional aquatic fitness disciplines, Aqua Zumba® blends it all together into workout that’s cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

Swim Lesson Information

2-Wk Session Schedule
Mon-Thurs, 30 Minute Lesson
Session 1: June 17 – 27
Session 2: July 1 – 11
Session 3: July 15 – 25
Session 4: July 29 – August 8
$40/48

Weekend Session Schedule
Sat-Sun, 2hr Lesson
Ideal for Teen & Adult
Session 1: June 28 – 30
Session 2: July 12 – 14
Session 3: July 26 – 28
$40/48

All Summer Swim Lessons
Mon-Thurs, June 17 - August 9
$110/$132

Private Swim Lessons
30 Minute Lessons
$20/24

Registration Begins
May 15, 10:00 AM

To maintain consistency with cost, there will be a $10 processing fee for any swim lesson registration/transfer completed by staff.

Register Online Only:
bit.ly/hermistonrecreation

Aqua Fitness

Daily Entry
(18+)
$5
Splash Pass-Fit
(18+)
(55+)
$50
$50
Fit-Pass Add On!
Add to your Splash Pass
$35/person
Extended Season Pass
$35
See Operational Schedule for Aqua Fit Times

Registration Begins May 15, 10:00 AM

If registering for more than 1 session, keep child in the same level. Staff will advance their level when appropriate. We reserve the right to remove a participant if it is unsafe and cannot guarantee there will be an open spot in the appropriate class for the removed participant.
# Daily Operational Schedule
### June 14 - August 18, 2019

<table>
<thead>
<tr>
<th>Activity</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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<tbody>
<tr>
<td>Aqua Zumba</td>
<td>8:00pm - 9:00pm</td>
<td>Not available</td>
<td>8:00pm - 9:00pm</td>
<td>Not Available</td>
<td>Not Available</td>
<td>Not Available</td>
<td>Not Available</td>
</tr>
<tr>
<td>Lap Swim/Water Walking</td>
<td>6:00am - 7:00am 12:00pm - 1:00pm 8:00am - 9:00pm</td>
<td>6:00am - 7:00am 12:00pm - 1:00pm 8:00am - 9:00pm</td>
<td>6:00am - 7:00am 12:00pm - 1:00pm 8:00am - 9:00pm</td>
<td>6:00am - 7:00am 12:00pm - 1:00pm 8:00am - 9:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
</tr>
<tr>
<td>Private Rentals</td>
<td>Not Available</td>
<td>Not Available</td>
<td>Not Available</td>
<td>Not Available</td>
<td>Not Available</td>
<td>9:30am - 11:30am 7:15pm - 10:15pm</td>
<td>9:30am - 11:30am 7:15pm - 10:15pm</td>
</tr>
<tr>
<td>Public Swim</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
</tr>
<tr>
<td>Swim Lessons</td>
<td>8:00am - 10:00pm 7:05pm - 8:00pm</td>
<td>8:00am - 10:00pm 7:05pm - 8:00pm</td>
<td>8:00am - 10:00pm 7:05pm - 8:00pm</td>
<td>8:00am - 10:00pm 7:05pm - 8:00pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
</tr>
<tr>
<td>Swim Team</td>
<td>6:00am - 8:00am</td>
<td>6:00am - 8:00am</td>
<td>6:00am - 8:00am</td>
<td>6:00am - 8:00am</td>
<td>6:00am - 8:00am</td>
<td>Not Available</td>
<td>Not Available</td>
</tr>
<tr>
<td>Water Aerobics - High Intensity</td>
<td>8:00am - 9:00pm</td>
<td>8:00am - 9:00pm</td>
<td>8:00am - 9:00pm</td>
<td>8:00am - 9:00pm</td>
<td>Not Available</td>
<td>Not Available</td>
<td>Not Available</td>
</tr>
<tr>
<td>Water Aerobics - Low Intensity</td>
<td>6:30am - 7:30am 12:00pm - 1:00pm</td>
<td>6:30am - 7:30am 12:00pm - 1:00pm</td>
<td>6:30am - 7:30am 12:00pm - 1:00pm</td>
<td>6:30am - 7:30am 12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
</tr>
</tbody>
</table>

**July 4**
Public Swim Hours: 1:10pm-5:00pm

**July 12**
Public Swim Hours: 1:10pm-5:00pm

**August 15**
Open Labor Day Weekend (Sat-Mon)

**August 25-30**
Pool Closed (Back to School!)

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# Daily Operational Schedule
### August 19 - August 24, 2019

<table>
<thead>
<tr>
<th>Activity</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Swim/Water Walking</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
<td>12:00pm - 1:00pm</td>
</tr>
<tr>
<td>Public Swim</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
<td>1:10pm - 6:45pm</td>
</tr>
</tbody>
</table>

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# Extended Season Schedule
### September 4 - October 25, 2019

<table>
<thead>
<tr>
<th>Activity</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Swim/Water Walking</td>
<td>7:00pm - 8:00pm</td>
<td>Not Available</td>
<td>7:00pm - 8:00pm</td>
<td>Not Available</td>
<td>7:00pm - 8:00pm</td>
<td>Not Available</td>
<td>Not Available</td>
</tr>
</tbody>
</table>

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**Weather**
HFAC may close at any time due to adverse weather conditions. No refunds will be given.

**Low Patron Count**
HFAC may close due to low patron count in the pool. No refunds will be given.

**General Malfunctions**
Due to many working parts & chemicals, HFAC may close for the safety of patrons due to equipment issues.

**Crypto Happens!**
HFAC may close one or more pools due to crypto contamination. No refunds will be given.

---

541-667-5018  www.HermistonRecreation.com  7
RecDawg Pool Nights

Every Tuesday in July will be for teens only at the Hermiston Family Aquatic Center. No registration required, pay at the door.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue 7/2</td>
<td>9:00pm-11:00pm</td>
<td>$5 at door</td>
</tr>
<tr>
<td>Tue 7/9</td>
<td>9:00pm-11:00pm</td>
<td>$5 at door</td>
</tr>
<tr>
<td>Tue 7/16</td>
<td>9:00pm-11:00pm</td>
<td>$5 at door</td>
</tr>
<tr>
<td>Tue 7/23</td>
<td>9:00pm-11:00pm</td>
<td>$5 at door</td>
</tr>
<tr>
<td>Tue 7/30</td>
<td>9:00pm-11:00pm</td>
<td>$5 at door</td>
</tr>
</tbody>
</table>

Summer Swim Team

Love to swim? Take your swimming to the next level by joining the summer swim team, also known as the Hermiston Orcas! This is the next step for those who are in the upper levels of the swim lesson program. Being a part of the summer swim team will enhance your swimming strokes, endurance, health, and will build lasting friendships. You can choose to be on the competitive or recreational squad. Competitive swimmers will travel to and compete in several meets in the Tri-Cities area. Recreational swimmers will practice with the team and enhance their skills. T-shirt included.

Days: Monday-Thursday (some meets on Fridays & Saturdays)
Dates: June 17 - August 9
Times: Competitive: 6:00am-8:00am
       Recreational: 7:00am-8:00am
Ages: Must have completed Level 5 swim lesson
Competitive: Resident: $125, Non-Resident $156
Recreational: Resident $75, Non-Residents $95
Location: Hermiston Family Aquatic Center

Shallow Water Blackout

What better way to celebrate our nation’s independence than a pool party with BBQ dinner, LIVE music, games, and swimming! This family friendly event will be one you don’t want to miss. You’ll have the best view of the fireworks in all of Hermiston and easy parking (parking passes are available upon request on a first come basis). Purchase tickets at the Hermiston Family Aquatic Center. Food is catered by Dickey’s BBQ in Pendleton. Tickets will be on sale until July 3rd or until tickets sell out.

Cost: 2-14 years $12.00 (Under 2 free)
      15+ years $16.00
Location: Hermiston Family Aquatic Center

Jr. Lifeguarding (55 min)

Junior Lifeguarding has a strong focus on developing swimming skills to help participants meet the Lifeguarding course prerequisite. The course also introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED. Participants also have the opportunity to shadow lifeguards in rotation to get a real sense of being on the job.

Times: 8:00am-8:55am
       10:30am-11:25am
       7:00pm-7:55pm
Prerequisite: Completion of Level 5 swimming lesson.

<table>
<thead>
<tr>
<th>Date</th>
<th>Session</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon-Th</td>
<td>July 1-11</td>
<td>Session 2</td>
</tr>
<tr>
<td>Mon-Th</td>
<td>July 15-25</td>
<td>Session 3</td>
</tr>
</tbody>
</table>
HERMISTON FAMILY AQUATIC CENTER

SCHEDULE @ A GLANCE

June 14th to August 24th

DAILY LAP SWIMMING
12PM TO 1PM

Please see the other side or our website for additional Aqua Fit times.

DAILY PUBLIC SWIM
1:10PM TO 6:45PM

Season Kick Off
June 8th & 9th
1:10pm-6:45pm

Labor Day Weekend
Aug 31-Sept 2
1:10pm-6:45pm

SWIM LESSONS
MONDAY-THURSDAY

PRIVATE RENTALS
FRIDAY - SUNDAY

541-289-POOL
879 West Elm Ave, Hermiston / hermistonpool.com

541-667-5018
www.HermistonRecreation.com
Youth Sports

Hermiston Kids Triathlon
Sponsored by: Tom Denchel Ford

A triathlon is a swimming, bicycling, and running event. Each triathlete swims first, goes directly to bicycling, and finishes with running. This is a fantastic opportunity for your child to participate in an enjoyable, low-key, youth event. The Hermiston Kids Triathlon is a non-competitive event. NO EXPERIENCE IS NECESSARY. Participants are divided into waves based on age. Parents are encouraged to assist with any and all stages as needed.

All 7-12 year old participants must be able to:
- Swim 50 meters
- Bike 1 mile
- Run .75 mile

All 4-6 year old participants must be able to:
- Swim 50 feet (life-jackets are available)
- Bike .6 mile (training wheels are allowed)
- Run .4 mile

| Ages: | 4-12 |
| Location: | Hermiston Family Aquatic Center |
| Deadline: | July 17 |
| Sat | 8/3 | 9:00am | $20/$23 |

Junior Golf Camp
Partnered with: Big River Golf Course

10th Annual Junior Golf Camp hosted by Big River Golf Course. Campers will learn the fundamentals of the golf swing, tips for conquering the mental game, golf etiquette and rules, as well as receiving on course instruction. Camp registration fee also covers participation in the Big River Junior Championship Tournament!

Ages: 6-14
Location: Big River Golf Course
Deadline: July 11

| M-Th | 7/15 - 7/18 | 8:30am - 9:30am | $55 |

Big River Junior Golf Tournament
Sponsored by: Fiesta Foods

Register and attend the Junior Golf Camp to participate in the Big River Junior Golf Tournament. Prizes will be awarded. Participants must complete Junior Golf Camp in order to be eligible.

Ages: 6-14
Location: Big River Golf Course

| Fri | 7/19 | 8:00am |

Summer Swim Team

Love to swim? Take your swimming to the next level by joining the Hermiston Orcas! This is the next step for those who are in the upper levels of the swim lesson program. Enhance your swimming strokes, endurance, health, and build lasting friendships. You can choose to be on the competitive or recreational squad. Competitive swimmers will travel and compete in several meets in the Tri-Cities area. Recreational swimmers will practice with the team and enhance their skills. T-shirt included.

Practice: Monday – Thursday
Swim Meets: Fridays and/or Saturdays
Competitive: 6:00am-8:00am
Recreational: 7:00am-8:00am
Ages: Completion of Level 5 swim lessons
Competitive: Resident: $125, Non-Resident $156
Recreational: Resident $75, Non-Resident $95
Location: Hermiston Family Aquatic Center
Skyhawks Sports Camps

See page 17 for more info!
These camps are a great opportunity to learn fundamentals of a variety of sports. Full day offerings include ending the day at the Aquatic Center!

Registrations are taken through Skyhawks.com/hermiston

Camp Options

<table>
<thead>
<tr>
<th>Date</th>
<th>Option</th>
<th>Sports</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>5/18</td>
<td>Sports Sampler</td>
<td>Baseball, Basketball, Flag Football, Golf, Soccer, Volleyball</td>
<td>8-12</td>
</tr>
<tr>
<td>7/8-7/12</td>
<td>Mini Hawk Camp</td>
<td>Baseball, Basketball, Soccer</td>
<td>4-7</td>
</tr>
<tr>
<td>7/22-7/26</td>
<td>Multi-Sport Camp</td>
<td>Soccer, Basketball</td>
<td>6-11</td>
</tr>
<tr>
<td>8/12-8/16</td>
<td>Multi-Sport Camp w/ Swim</td>
<td>Dodge ball, Capture the Flag, Ultimate Frisbee &amp; Swimming</td>
<td>6-11</td>
</tr>
</tbody>
</table>

Youth Flag Football League

Coed recreational football league dedicated to skill development and fundamentals. Hermiston Youth Jersey required, all other equipment is provided.

Season: 7 weeks, 45 min practice followed by 45 min game.

Volunteer Coaches Needed!
Coach will receive registration fee back to account = 1 child plays free!
$25 credit towards Hermiston Family Aquatic Center

Ages: 1st through 4th Grade
Location: Theater Sports Park
Deadline: Friday, August 30

Sat 9/14 - 10/26 Game Time Varies $36/$43

Youth Volleyball League

Coed recreational volleyball league dedicated to skill development and fundamentals. Hermiston Youth Jersey required, all other equipment is provided.

Season: 7 weeks, 45 min practice followed by 45 min game.

Volunteer Coaches Needed!
Coach will receive registration fee back to account = 1 child plays free!
$25 credit towards Hermiston Family Aquatic Center

Ages: 3rd through 6th Grade
Location: Sandstone Middle School
Deadline: Friday, August 30

Sat 9/14 - 10/26 Game Time Varies $36/$43

Youth Recreation Leagues

Basketball 3yrs - 6th Grade January - March Register in December
Indoor Soccer 3yrs - 3rd Grade April - May Register in February
Swim Team 2nd - 12th Grade June - August Register in May
Flag Football 3yrs - 6th Grade Sept. - Oct. Register in May
Volleyball 3rd - 6th Grade Sept. - Oct. Register in August

Volunteer Coaches Needed!
Our youth leagues do not run without our awesome volunteer coaches. No experience is necessary!

The Perks!
- Creating relationships and mentoring Hermiston Youth!
- Coach will receive registration fee back to account = 1 child plays free!
- $25 account credit per season towards Hermiston Family Aquatic Center!

Youth Recreation Leagues

Register in December

Register in February

Register in May

Register in August
Summer Food Service
This program is sponsored by the State of Oregon to provide free nutritious meals for communities like ours! Free lunch is provided for any child 18 years of age and under at our feeding sites. Meals are served on a first come first served basis. The City of Hermiston is an equal opportunity provider.

Ages: 18 years or younger (children under 5 must be accompanied by an adult)
Locations: Sunset Park, Butte Park, Aquatic Center, Victoria Square Park

Mon-Fri 6/24 - 8/2 Time Varies FREE

Summer Fun - Day Camp
This popular camp provides all day activities including: Sports, education, arts and crafts, and much more. Breakfast, lunch and an afternoon snack are included. Friday afternoons will be spent at the Hermiston Family Aquatic Center.

Ages: 6-11 years
Location: Rocky Heights Elementary School
Deadline: One week prior
Mon-Fri 6/24 - 8/2 8:00am-5:00pm Wk: $110/$132

Youth Archery Class
Interested in learning about archery? This class covers archery safety, basic shooting (target) and (3D) bow-hunting basics. All equipment is supplied. Come learn a new sport and have some fun. Class size is limited and will sell out, so sign up early.

Ages: 8+ years (8-12 years must be accompanied by an adult)
Location: Hermiston Community Center
Deadline: Friday, April, 26
Tue & Wed 5/7-29 7:00pm-8:30pm $40/$48

Youth Photography Camp
By: 60 Minute Photo
Learn the basics of digital photography (composition, lighting, focus points, and basic cropping) from the pros at 60 Minute Photo. Price includes: 2 - 8X10 photos, enlargements and matting. Participants must supply their own digital camera.

Ages: 6-14 years
Location: 60 Minute Photo
Deadline: Thursday, July 12
Mon-Th 7/15-18 10:00am-12:00pm $55/$68

Violin Class
By: Inland Northwest Musicians
Participants will be instructed in playing the violin in a class environment. The class will be a one hour, twice a week offering. The class will be under the direction of R. Lee Friese, Music Director and Conductor of Inland Northwest Musicians along with an apprentice instructor Jacoby Merwin.

This is an ongoing, year-round class, please contact us for more information
Ages: 10+
Location: Hermiston Community Center
Deadline: 1 week prior to monthly session
Mon-Wed Ongoing 3:30pm-4:30pm $40/$48

Become a Recreation Program Instructor!
Have a skill or talent? Want to earn some extra cash? Teach a class or program with us and share your skills with our community! Email Brandon for more info: BArtz@hermiston.or.us
Youth

541-667-5018
www.HermistonRecreation.com

Teen Art Classes
This painting class offers a creative outlet and will help to develop your own artistic style! Create your own unique painting while listening to music. All skills sets are welcome and all supplies necessary to paint a 16"x20" stretched canvas in acrylic paint are included. Space is limited so sign up soon!

Ages: 13 - 17 years
Location: Hermiston Community Center
Instructor: Julene Brogan
Tue 7/23 5:30pm-8:00pm $30
Wed 8/7 5:30pm-8:00pm $30

Art Camps for Youth
Come enjoy four days of artistic fun! This art camp will introduce each participant to a variety of painting and drawing techniques. The instructor works with each student to suit his or her skill level and to encourage their own unique artist style. An art show will be held the final day. The confidence student's gain in their creativity will spill over into other aspects of their life and education. Examples of projects may include: canvas paintings, chalk and oil pastels, watercolor paintings, 3-D art and more. Each week will have different projects, so sign up for one or both. Space is limited. All supplies are included.

Ages: 7 - 14 years
Location: Hermiston Community Center
Instructor: Julene Brogan
Mon-Thu 7/22-7/25 10:30am-1:00pm or 2:00pm-4:00pm $90 wk
Mon-Thu 8/5-8/8 10:30am-1:00pm or 2:00pm-4:00pm $90 wk

Wilderness Survival Camp
By: Coyle Outdoors
Our 5 day camps teach a combination of survival and primitive skills. The intention of these camps is to build confidence, communication skills and good judgment, largely though scenario based challenges. Skills taught/practiced include but not limited to shelters, fire building, wilderness medicine, teamwork, traps, orienteering, crisis management, cordage, stone and bone tools, basketry, fishing and food gathering, and primitive pottery. While other naturalist and survival camps give kids exposure to many of the concepts/skills above few of them have the practical knowledge/familiarity to provide significant hands on experimentation with more than a few of these.

Ages: 8-12 years
Location: Riverfront Park
Deadline: July 5
Mon-Fri 7/8-12 9:00am-4:00pm $265/$305
RecDawg Days

Looking for a summer adventure? Join us for a fun day of trips and activities. Some examples of our trips include: Jumping at Get Air, Kayaking the Columbia, Escape Rooms and then we always end with hitting the pool! Activities will be lined up to have fun each trip and then will end at the Hermiston Aquatic Center for the Teen Tuesday swim. Snack, dinner and admission to activities will be provided.

**Ages:** 13-16 years  
**Location:** Meet at Community Center  
**Deadline:** Friday before

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Price</th>
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<tbody>
<tr>
<td>Tue</td>
<td>July 9</td>
<td>3:00pm-11:00pm</td>
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<tr>
<td>Tue</td>
<td>July 23</td>
<td>3:00pm-11:00pm</td>
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Dance Camp

**3 and 4 year old**

This camp is an introduction to very basic dance techniques and performance. The camp focuses on body awareness, self-control, hand-eye coordination, and rhythmic awareness. Participants will learn a dance routine that will be performed on July 4th at the Stars and Stripes Park Celebration.

**Ages:** 3 to 4 years  
**Location:** Hermiston Community Center  
**Deadline:** June 26

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<tr>
<th>Date</th>
<th>Time</th>
<th>Price</th>
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<td>Mon-Th</td>
<td>7/1-7/4</td>
<td>3:00pm-3:30pm</td>
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**5 and 6 year old**

This camp is an introduction to very basic dance techniques and performance. The camp focuses on body awareness, self-control, hand-eye coordination, and rhythmic awareness. Participants will learn a dance routine and song that will be performed on July 4th at the Stars and Stripes Park Celebration.

**Ages:** 5 to 6 years  
**Location:** Hermiston Community Center  
**Deadline:** June 26

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<thead>
<tr>
<th>Date</th>
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<th>Price</th>
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<tr>
<td>Mon-Th</td>
<td>7/1-7/4</td>
<td>3:45pm-4:30pm</td>
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Gymnastics Camp

**Levels 1 and 2**

This introductory camp to tumbling and gymnastics, focuses on improving motor skills and advanced body control. The camp starts with exercises such as: handstands, straddle rolls, front rolls, and back rolls. The camp then progresses to exercises such as cartwheels and splits. Participants will also learn a gymnastics routine that will be performed on the final day. All fitness levels are welcome. All supplies are provided.

**Ages:** 5-10 years  
**Location:** Hermiston Community Center  
**Deadline:** July 10

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<th>Date</th>
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<th>Price</th>
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<tbody>
<tr>
<td>Mon-Wed</td>
<td>7/15-7/18</td>
<td>1:15pm-2:45pm</td>
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</table>

**Levels 3 and 4**

This gymnastics camp is for children that have completed Level 2, and focuses on improving motor skills and advanced body control. The camp starts with exercises such as: One handed cartwheels, front flips, back kick-overs, and splits. The camp then progresses to doing the exercises with speed and precision. Participants will also learn a gymnastics routine that will be performed on Thursday. All supplies are provided.

**Ages:** 6-13 years  
**Location:** Hermiston Community Center  
**Deadline:** July 10

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<thead>
<tr>
<th>Date</th>
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<th>Price</th>
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<tbody>
<tr>
<td>Mon-Wed</td>
<td>7/15-7/18</td>
<td>3:00pm-4:30pm</td>
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</tbody>
</table>

RecDawg Pool Nights

Every Tuesday in July will be for teens only at the Hermiston Family Aquatic Center. No registration required, pay at the door.

**Ages:** 13-17 years old  
**Location:** Hermiston Family Aquatic Center

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Price</th>
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<tbody>
<tr>
<td>Tue</td>
<td>7/2</td>
<td>9:00pm-11:00pm</td>
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<td>Tue</td>
<td>7/9</td>
<td>9:00pm-11:00pm</td>
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<td>Tue</td>
<td>7/16</td>
<td>9:00pm-11:00pm</td>
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<td>Tue</td>
<td>7/23</td>
<td>9:00pm-11:00pm</td>
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<tr>
<td>Tue</td>
<td>7/30</td>
<td>9:00pm-11:00pm</td>
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</table>
Youth

Hermiston Recreation & Tom Denchel Ford Country Presents:

MOVIES IN PARK
MCKINZIE FREE!

Friday Nights

Bring your favorite chair, blanket and snack!

Movies Start @ DUSK

July 26th
THE HOUSE WITH A CLOCK IN ITS WALLS

August 2nd
AQUAMAN

August 9th
SMALL FOOT

Work in Recreation!

Why flip burgers when you can work at play!

Recreation Team Member

Adult Sports Referee
18+ yrs old. Experience playing or officiating sports. Will train.

Youth Sports Referee
18+ yrs old. Experience playing sports preferred. Will train. Ability to work with children.

Rec Team Member
15+ yrs old. Work in special events, facility staff, gymnastics, and marketing!

HFAC Team Member

Lifeguard
15+ yrs old. Must be certified, we offer certification classes!

Swim Lesson Instructor
Teachers Wanted! Flexible schedule. Mentor young children!

Front Desk/Concessions
Cash handling experience and customer service experience required.

- Flexible Summer Schedules - Great Pay!
- Great Summer Job for Teachers!
- Resume builder for first time workers!

Print Application at: hermiston.or.us/job-openings
Submit App to: Hermiston Community Center
Questions? parksandrec@hermiston.or.us

541-667-5018 www.HermistonRecreation.com
Family Fun
starting @ 1pm
Bounce Houses
GAMES
Vendors

FIREWORKS
10PM!

Fourth of July

Live Band
The Shades
4pm to 10pm

FREE face painting
4pm-8pm

STARS & STRIPES CELEBRATION
BUTTE PARK
541-667-5018
Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

**SUMMER 2019**

**Sport Sampler (Baseball, Basketball, Flag Football, Golf, Soccer, Volleyball)**
Skyhawks newest program format! This fun event will give your child a solid introduction into multiple sports in one setting. This is a great opportunity for your child to check out a sport for the first time or learn some new skills associated with a sport they are already familiar with. We’ll showcase several different sport specific stations for your child to rotate through during the day. Sports vary upon location.

<table>
<thead>
<tr>
<th>(course)</th>
<th>(dates)</th>
<th>(days)</th>
<th>(time)</th>
<th>(ages)</th>
<th>(fee)</th>
<th>(location)</th>
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</thead>
<tbody>
<tr>
<td>SSA107108</td>
<td>5/18 - 5/18</td>
<td>S</td>
<td>9:00 a.m. - 12:00 p.m.</td>
<td>8-12</td>
<td>$59</td>
<td>Victory Square Park</td>
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**Sport Sampler with Swim Combo (Baseball, Basketball, Flag Football, Golf, Soccer, Volleyball)**

<table>
<thead>
<tr>
<th>(course)</th>
<th>(dates)</th>
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<th>(time)</th>
<th>(ages)</th>
<th>(fee)</th>
<th>(location)</th>
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<tbody>
<tr>
<td>SSA107086</td>
<td>6/17 - 6/21</td>
<td>M-F</td>
<td>9:00 a.m. - 3:00 p.m.</td>
<td>6-11</td>
<td>$129</td>
<td>Butte Park</td>
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</table>

**Mini-Hawk® (Soccer, Baseball, Basketball)**
This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

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<thead>
<tr>
<th>(course)</th>
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<th>(time)</th>
<th>(ages)</th>
<th>(fee)</th>
<th>(location)</th>
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<td>7/08 - 7/12</td>
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<td>9:00 a.m. - 12:00 p.m.</td>
<td>4-7</td>
<td>$109</td>
<td>Butte Park</td>
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</table>

**Multi-Sport (Soccer, Basketball)**
The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans.

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<thead>
<tr>
<th>(course)</th>
<th>(dates)</th>
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<th>(ages)</th>
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<tr>
<td>SSA107089</td>
<td>7/22 - 7/26</td>
<td>M-F</td>
<td>9:00 a.m. - 3:00 p.m.</td>
<td>6-11</td>
<td>$129</td>
<td>Victory Square Park</td>
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</table>

**Multi-Sport with Swim Combo (Dodgeball, Capture the Flag, Ultimate Frisbee)**
Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

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<thead>
<tr>
<th>(course)</th>
<th>(dates)</th>
<th>(days)</th>
<th>(time)</th>
<th>(ages)</th>
<th>(fee)</th>
<th>(location)</th>
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<tbody>
<tr>
<td>SSA107090</td>
<td>8/12 - 8/16</td>
<td>M-F</td>
<td>9:00 a.m. - 3:00 p.m.</td>
<td>6-11</td>
<td>$129</td>
<td>Butte Park</td>
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</table>
**Adult Softball Leagues**

Leagues are forming now. Captains must sign up all players on teams. Roster size is limited to 20 players per team. Post season single-elimination tournaments will be included with each 8-week season. Players must be 18 at time of registration, not a High School student and not playing college softball/baseball. Limited Team space - sign up early.

**All Leagues**
Location: Theater Sports Park
Deadline: Friday, May 10th

**Men’s Softball**
ASA, unlimited home runs, double headers.

- Tue/Wed | May-July | Game time varies | $450 per team

**Competitive Coed Softball**
For experienced team, ASA, 3 home run progressive, single headers.

- Th/Fri | May-July | Game time varies | $390 per team

**Recreational Coed Softball**
Recreational league for teams who want to have fun playing softball. Only 2 players allowed on roster from the competitive or men's league.
ASA, 3 home run progressive, single headers.

- Th/Fri | May-July | Game time varies | $390 per team

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**Adult Volleyball Leagues**

Hermiston Parks and Recreation is offering Adult Coed Competitive and Recreational Volleyball Leagues. Captains must sign up all players. Roster size is limited to 12 players. Postseason single elimination tournaments will be included with each eight-week season. Must be 18 at time of registration, not a High School student and not playing volleyball in college. Limited team space - sign up early.

**All Leagues**
Ages: 18+ years
Location: Hermiston High School Gold Gym
Deadline: Friday August 16th

**4 on 4 Coed Recreational League**
This league is purely recreational for teams that want to have fun playing volleyball.
7'11 5/8" nets will be used.
No Competitive League Players allowed.

- Sun | Sep-Dec | Game time varies | $160 per team

**4 on 4 Coed Competitive League**
For teams that are competitive and care about winning and losing.
7'11 5/8" nets will be used.

- Sun | Sep-Dec | Game time varies | $160 per team

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**Adult Flag Football Leagues**

USTFL Adult Flag Football League. Non-contact 8v8. Team captains must sign up all players. Roster size is limited to 20 players. Postseason single elimination tournaments will be included with each eight week season. Must be 18 at time of registration, not a High School student and not playing football in college. Limited team space - sign up early.

Ages: 18+ years
Location: Field by Sunset Elementary Field
Deadline: Friday, August 16

- Sun | Sep-Nov | Game time varies | $475 per team

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**Ultimate Frisbee**

Join us on Wednesday nights for Ultimate Frisbee. All are welcome to this fun, relaxed, free program so bring your friends and family. No experience necessary! Teams will be made from those who join each night.

Ages: 16+
Location: Butte Park

- Wed | 6/19- 7/24 | 7:00pm-9:00pm | Free Drop-in
Hermiston’s Ultimate Athlete!

Are you the best athlete in Hermiston? PROVE IT! The Ultimate Athlete competition is a heptathlon of events to test your athletic ability. Competition will range from bowling to soccer kicks to a home run derby. Follow the Hermiston Parks & Recreation Facebook page for more information, or sign up now and prepare to show your best and earn the top prize!

Ages: 18+ (Must be out of High School)
Location: Varies

Wed 6/19- 7/24 7:00pm-9:00pm $15

Dog & Puppy Training
By Paws Off Obedience

Create an obedient, loving companion through this training class that introduces your dog to basic commands and a behavior foundation. You and your dog learn sit, down, sit stay, down stay commands. The class will include recall, paws off, leave it, wait, place and even the correct way to meet and greet other dogs with using demo dogs first. A Certificate of Completion will be awarded at the last class. Limited class size – register early!

Puppies: 0-6 months / Adult Dogs: 6 months and older
*Must show proof of current vaccinations.
Children can participate in the training class but must be supervised by a parent.

Instructor: Vionne Tricker
Time: Puppy Class: 9:00am-10:00am
      Adult Class: 10:30am-11:30am
Location: Highland Hills Elementary
Deadline: Friday Prior to Session

<table>
<thead>
<tr>
<th>Sat</th>
<th>Session 1 4/13 - 5/18</th>
<th>9:00am - 10:00am</th>
<th>$50/60</th>
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<td></td>
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<thead>
<tr>
<th>Sat</th>
<th>Session 2 6/1 - 7/6</th>
<th>9:00am - 10:00am</th>
<th>$50/60</th>
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<tr>
<th>Sat</th>
<th>Session 3 7/20 - 8/24</th>
<th>9:00am - 10:00am</th>
<th>$50/60</th>
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<td>10:30pm - 11:30pm</td>
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Adult Recreation Leagues

Basketball
- January - March
- Register in December

Fall Volleyball
- Sept - Dec
- Register in July

Winter Volleyball
- January - March
- Register in December

Flag Football
- Sept - Nov
- Register in July

Softball
- May - July
- Register in March

Referees/Umpires Needed
Great Pay!!

541-667-5018
www.HermistonRecreation.com
**Leash Lessons for Your Pup**
*By Paws Off Obedience*

Learn to walk your dog like a champ! Learn to walk your dog by your side and not pull you down the street. Loose-Leash walking, sidewalk etiquette and polite greetings with other dogs will be practiced. Open to all dogs from puppies to senior dogs.

*Must show proof of current vaccinations.

Children can participate in the training class but must be supervised by a parent.

**Instructor:** Vionne Tricker  
**Location:** Riverfront Park  
**Deadline:** Friday Prior to Session

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<th>Day</th>
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<th>Time</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Wed</td>
<td>6/19 - 7/10</td>
<td>6:30pm - 7:30pm</td>
<td>$30/$36</td>
</tr>
<tr>
<td>Wed</td>
<td>7/17 - 8/7</td>
<td>6:30pm - 7:30pm</td>
<td>$30/$36</td>
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**Dance Classes with April!**
Cure your 2 left feet with April! Have fun learning dance with others. Full descriptions are available on our registration website.

**Instructor:** April Dyntera  
**Location:** Hermiston Library Basement  
**Ages:** 14+ (14-17 must have an adult participating or watching)

<table>
<thead>
<tr>
<th>Dance</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Country 2-Step &amp; 6 Count Swing</td>
<td>Wed 6/19 - 7/10</td>
<td>6:15pm - 7:15pm</td>
<td>$30/$38</td>
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<tr>
<td>Couples’ Country Pattern</td>
<td>Wed 6/19 - 7/10</td>
<td>7:30pm - 8:30pm</td>
<td>$30/$38</td>
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<tr>
<td>6-Count &amp; East Coast Swing</td>
<td>Wed 7/17 - 8/7</td>
<td>6:15pm - 7:15pm</td>
<td>$30/$38</td>
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<tr>
<td>Arizona 2-Step</td>
<td>Wed 7/17 - 8/7</td>
<td>7:30pm - 8:30pm</td>
<td>$30/$38</td>
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**Summer Choir**
The Hermiston Summer Choir will be open to all community members 14 and older. No audition required; just sign up and sing!  
**Performance Date:** August 4th @ 4:00 pm  
**Ages:** 14 through adult  
**Location:** Hermiston Community Center  
**Deadline:** Friday, June 24th

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<thead>
<tr>
<th>Day/Thu</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Tue/Thu</td>
<td>7/15 - 7/31</td>
<td>6:30pm-8:30pm</td>
<td>$15/$19</td>
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</table>

**Adult Paint Parties**
Are you ready for a night of fun? There’s no need for any previous painting experience! This art class will introduce participants to a variety of painting techniques. With step-by-step guided instruction your friends will be calling you Van Gogh in no time! All supplies are included. Space is limited so sign up early. Supplies are included.

**Ages:** 16 years and up  
**Location:** Hermiston Community Center  
**Instructor:** Julene Brogan  
**Deadline:** One Week Prior

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<th>Day</th>
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<tbody>
<tr>
<td>Wed</td>
<td>7/24</td>
<td>6:00pm - 9:00pm</td>
<td>$35</td>
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<tr>
<td>Tue</td>
<td>8/6</td>
<td>6:00pm - 9:00pm</td>
<td>$35</td>
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**Sunset Paddle**
The perfect introduction for beginning kayakers. Get out and enjoy a warm summer night on the waters of the Columbia River. The tour will take you along the banks of the Columbia River and several islands along the way. The trip is approximately 1.5 miles long. Afterwards, enjoy some Dutch-Oven cobbler and ice cream at Hat Rock State Park. Bring your own kayak or use one of ours. Space is limited.

**Rental:** $10 kayak (optional)  
**Ages:** 14 and up (14-17 must come with an adult)  
**Location:** Hat Rock State Park  
**Deadline:** June 21

<table>
<thead>
<tr>
<th>Day</th>
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<th>Time</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Wed</td>
<td>6/26</td>
<td>5:30pm-9:00pm</td>
<td>$12/$15</td>
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**Kayaking Silver Lake**
Don’t miss out on this full day of adventure and excitement! Meet at Hermiston Community Center in the morning and we’ll take you out to Silver Lake near Spokane for a day of kayaking. Picnic lunch is provided, then we’ll stop for a meal before heading back to Hermiston. No experience necessary. Bring your own kayak or rent one of ours. Space is limited.

**Rental:** $10 kayak (optional)  
**Ages:** 14 and older  
**Location:** Meet at Community Center  
**Deadline:** July 5

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Sat</td>
<td>7/13</td>
<td>8:00am</td>
<td>$55/$66</td>
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</table>
**Deschutes River Rafting**

This is the perfect summer experience for experienced rafters or beginners, adult or child.** This is a full-day trip covering 14 miles of the pristine waters of the Deschutes River near Maupin. Included in the trip is a BBQ lunch, all equipment needed, some of the best whitewater in Oregon, and a small hike to swim through some natural water slides. This is a guided trip through High Desert River Outfitters. Transportation from Hermiston is included.* Space is limited so sign up early.

- **Ages:** 10 years and older**
- **Location:** Meet at City Hall
- **Deadline:** Friday, July 20th
- ***Discount available if you drive yourself.**

<table>
<thead>
<tr>
<th>Ages:</th>
<th>Location:</th>
<th>Deadline:</th>
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<tbody>
<tr>
<td>10 years</td>
<td>Meet at City Hall</td>
<td>Friday, July 20th</td>
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<tr>
<td>and older**</td>
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**Participants must be at least 50 lbs, ages 10-17 with adult.

**Harvest Moonlight Paddle**

Hermiston Recreation has partnered with the rangers at Hat Rock State Park to offer this unique experience to kayak under the light of a full moon. This trip will paddle around the shores of the Columbia River under the enchanting night sky. Bring a headlamp to help illuminate your way. Glow sticks will help illuminate your kayak.

- **Included is a bonfire with harvest themed treats.**

<table>
<thead>
<tr>
<th>Rental:</th>
<th>Ages:</th>
<th>Location:</th>
<th>Deadline:</th>
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<tbody>
<tr>
<td>$10 kayak (optional)</td>
<td>14 and up (14-17 must come with an adult).</td>
<td>Hat Rock State Park</td>
<td>August 30</td>
</tr>
</tbody>
</table>

**NEIGHBORHOOD BLOCK PARTY**

Host a Block Party!

Millions of neighbors take part in National Night Out across thousands of communities from all fifty states on the first Tuesday in August. Neighborhoods host block parties, festivals, parades, cookouts and various other community events with safety demonstrations, seminars, youth events, visits from emergency personnel, exhibits and much, much more.

**Find the medallion and win a block party in your neighborhood hosted by HPD!** Clues will be published in the East Oregonian.

**National Night Out**

National Night Out is an annual community-building campaign that promotes strong police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live and work. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.
## Community Events

### Spring Fling Bazaar
**Sponsored by MLD Services**
Browse and shop a variety of products such as soaps, bath bombs, handcrafted home and garden items, woodworking, local products and much more. Free admission and parking.

**Location:** Hermiston Community Center  
**Date:** Sat 5/11 8:00am - 4:00pm **FREE**

### Clean Sweep
The sun is coming out and it’s time to clean up the house and yard!

---

### 3 Clean-Sweep Events

#### Sanitary Disposal - Clean-up Week
**April 1-7**  
**M-F 8-5pm Sat & Sun 9-5pm**  
Free for loads up to 454.5 lbs. 2.5 yards excluding tires  
Transfer Station - 2 miles north of Hermiston on HWY 395

#### Hermiston Recycling Event
**April 13, 9-3**  
**HTTP://WWW.HERMISTON.OR.US**  
Umatilla Electric Cooperative Parking Lot  
Hermiston, OR / 541-667-5018

#### Clean Sweep—Community Clean up
**May 18, 9-Noon**  
**HTTP://WWW.HERMISTON.OR.US**  
For all residents of Umatilla County

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### Stars and Stripes Pool Party
What better way to celebrate our nation’s independence than a pool party with BBQ dinner, LIVE music, games, and swimming! This family friendly event will be one you don’t want to miss. You’ll have the best view of the fireworks in all of Hermiston and easy parking (parking passes are available upon request on a first come basis). Purchase tickets at the Hermiston Family Aquatic Center. Food is catered by Dickey’s BBQ in Pendleton. Tickets will be on sale until July 3rd or until tickets sell out.

**Cost:**  
2-14 years $12.00 (Under 2 free)  
15+ years $16.00

**Location:** Hermiston Family Aquatic Center  
**Date:** Th 7/4 6:00pm-10:30pm  
**FREE**

---

### Stars and Stripes 4th of July Celebration
Join us at Butte Park to celebrate our country! This is a family friendly full-day event. Enjoy live music, food, games, pool party (see Aquatics Programs page for details), entertainment, and of course, fireworks!

**Location:** Butte Park  
**Date:** Th 7/4 1:00pm - 10:30pm **FREE**
**Flashlight Easter Egg Hunt**  
**Sponsored by: Simmons Agency**

The Easter Bunny won’t be getting any sleep this Easter. Thousands of filled eggs will be hidden. Each participant will use his/her flashlight to find eggs in the dark. It is advised for parents to stay with their children during the event but let the children gather the eggs. Don’t forget to show up early and bring your basket and flashlight.

**Ages:** 10 years and under  
**Location:** Butte Park  
**Fri** 4/19 8:15pm FREE

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**Kid’s Fishing Derby**  
**Sponsored by: Tom Denchel Ford**

Enjoy a day of fishing with the kids as McNary Ponds will be stocked full of trout! Special fish will be tagged for prizes. All normal fishing regulations are in effect. Bring your own fishing pole and gear; some loaner poles may be available. An adult must accompany all children. Each fish caught must be reeled in by a child 2-11 years old.

**Ages:** 2-11 years  
**Location:** McNary Ponds  
**Sat** 4/13 10:00am - Noon FREE

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**Arbor Tree Giveaway**

The annual Rotary/Parks & Rec Tree Giveaway will be on April 6, 2019 at 9:00am in the Ace Hardware parking lot. Trees to be given away are Red Maple, Serviceberry, River Birch, Red Bud, Washington Hawthorn, Bald Cypress, Japanese Zelkova, Mountain Ash and Colorado Spruce. The trees will go fast and are given away on a first come-first serve basis. Be advised to come early!

**Location:** Ace Hardware Parking Lot  
**Sat** 4/6 900am FREE

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**Movies in the Park**  
**Sponsored by: Tom Denchel Ford**

Why watch movies at home when you can join us at the park! Bring blankets, chairs, and snacks for the best view of our oversized inflatable movie screen. Movies are selected based on their ratings and to appeal to different age groups. Please take the time to review online; the movies being shown and decide which movies, if any, are the best fit for your family.

**Cost:** FREE  
**Ages:** All  
**Location:** McKenzie Park  

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Movie</th>
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<tbody>
<tr>
<td>Fri</td>
<td>7/26</td>
<td>8:30pm The House with a Clock in its Walls</td>
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<tr>
<td>Fri</td>
<td>8/2</td>
<td>8:25pm Aquaman</td>
</tr>
<tr>
<td>Fri</td>
<td>8/9</td>
<td>8:20pm Smallfoot</td>
</tr>
</tbody>
</table>

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**Murder Mystery Dinner-Death of a Doornail**  
**Sponsored by: Harley Swain Subaru**

Join us for a night of fun and mystery as we eat, and solve a murder. Guests will arrive and be served dinner while watching the murder mystery unfold. For an unknown reason, Albert Doornale, an esoteric millionaire, has invited his closest friends and family to his estate. Upon their arrival, Albert is nowhere to be found, and neither is his nerdy nephew or his spoiled daughter. There is, however, blood in the bathroom. Confusion and speculation as to Albert’s whereabouts mount among his staff and guests, and Inspector Bukowski is called to the scene. The investigation can begin as soon as the body is found, but authorities are having trouble locating the body.

**Location:** Hermiston Community Center  
**Deadline:** May 10th  
**Fri** 5/17 6:00pm $20/person
Weekly Classes

Weekly, ongoing classes are free. Donations gladly accepted. Classes are for individuals aged 60 and over.

Morning Coffee

Join us for Coffee Monday thru Friday 10:00am

Meals

Monday-Friday
Served 12:00 to 12:30pm
Hot Meals - $ 4.00
Transportation available: call 541-571-7134
Meals on Wheels delivered - $4.00
Call before 10am (541-567-3582)

Tai Chi

Moving for Better Balance
Mondays & Wednesdays: 10:00am
Starts March 25 (24-class series)
Participants must join class during the first 3 weeks
For info: Jean (541-564-3094)

Resistance Bands & Weights

For the Young at Heart
Tuesdays & Thursdays: 9:00am
For info: Brooke (541-701-7759)

Free Cooking Classes for Seniors

April 3rd thru May 8th (Wednesdays) 3pm - 5pm
6 week course that will teach you how to prepare nutritious and affordable meals;
Receive a free book with tips & recipes; learn to shop smart at the store; practice recipes at home with free ingredients.
To register, contact Oregon State University Extension at 541-567-8321

Matter of Balance

Join us for an 8 week opportunity that emphasizes practical strategies to reduce fear of falling and increase activity levels.
Where: Harkenrider Senior Activity Center
Dates: Mondays, May 6 – July 1
Time: 2:00pm – 4:00pm
Instructors: Sharon Waldern, Jaime Crowell
Call 541-667-3509
Activities & Events

Blood Pressure Checks
First Tuesday of each month

Women’s Bible Group
Mondays & Wednesdays
For info: Dorothy (541-567-7147)

Arts & Crafts on the Dry Side
Every Thursday 10:00am-Noon
For info: Mickey (541-922-5580)

Quilting Group
Second Friday of each month 9:00am -3:00pm
For info: Barbara (541-701-0355)

Backyard Gardeners
March 15 10:00am -Noon
For info: Lorrie (541-571-5781)

Blue Mt. Old Time Fiddlers
April 6
Dinner@ 5:00pm $5.00 per person
Dance: $5.00 cover charge
Music starts at 6:00pm
For info: Senior Center (541-567-3582)

Easter Dinner
April 18 served Noon -12:30pm
$4.00

Mothers Day Dinner
May 9 served Noon -12:30pm
$4.00
We’ve got you covered

• Auto
• Home
• Renters
• Life
• Business
• Motorcycle
• RV • Boat • ATV
• Manufactured Homes

Multiple Policy Discount
BEFORE YOU BUY OR RENEW
you owe it to your budget to get a free quote from us.

Katelynn & Jennifer Zimmer

FARMERS INSURANCE
ZIMMER INSURANCE AGENCY
911 N 1st, Hermiston
541-567-5745
Mon-Fri 9am-5:00pm • Sat & After Hours by Appointment

Health Education & Wellness
offered by
Good Shepherd Medical Center

• Matter of Balance
• Living Well classes
• Lunch & Learns
• Stress Management
• Weight Loss through Exercise
• Better Sleep

Check out pages 34-37 for complete listings

541-667-3509

Hermiston 8 Cinema
Highway 395 & Theatre Lane - (541) 567-1556
www.MoviesInHermiston.com

FREE SUMMER MOVIES FOR KIDS!
Wednesdays and Thursdays
June 19th through August 22nd, 2019
Doors Open at 9:30 AM
Movies start as auditoriums fill, last Movie starts at 10:00 AM
www.MoviesInHermiston.com for more information.
Now, when you need urgent medical care, no matter what time of day or night it is, an expert physician is always available – whenever and wherever you need them!

Now you can be seen by an expert physician virtually, on your smart device - phone, tablet, or computer, any time of day or night – 24 hours a day, seven days a week, 365 days per year – in the comfort of your own home, at work, or in the office – whenever and wherever you need urgent medical care an expert physician is always at your fingertips!

For more information visit www.gshealth.org/virtualcare

*Good Shepherd Virtual Care Clinic is available 24 hours a day, seven days per week, 365 days per year, to care for urgent needs. If you are experiencing an emergency please call 9-1-1. GSVCC does not replace the need for a primary care provider.
A good neighbor has your back.

Moore Insurance Agency Inc
Nydene Moore, Agent
630 S Hwy 395
Hermiston, OR 97838
Bus: 541-289-3075
Mon-Fri 9am - 5:30pm
Lunch closed 12:30 - 1:30
Hablamos Español

Life's a combination of good days and bad. I have your back for both. And who has my back? The company more people have trusted for 90 years. CALL ME TODAY.
Hermiston Youth Lacrosse plays tournaments and jamborees February through June in the Central Washington League. Scholarships available for week-long summer camp on campus at Oregon State University featuring pro players and coaches.

For more detailed information about volunteering and sign-up dates, contact Scott 541-571-2502.
www.Hermistonlax.com

Trampis Palmer Memorial
Battle at the Butte
April 20th, 2019
Teams from Oregon, Washington & Idaho

HAVE YOU HEARD OF SCRUBS LIFE?
LOCAL UNIFORM STORE
115 E. HIGHLAND AVE
NEXT TO DOMINOS
MON-FRI 10AM-6PM
SAT 11AM-5PM

SCRUBS, IN-HOUSE EMBROIDERY, & MORE!

Left to Right: Shilo Svetich, Denise Simmons-Owner, Stephanie Hasty, Teri Ruhe

Sunrise hair studio

HAIR CUTS PERMS ARTIFICIAL NAILS
HAIR COLOR MANICURES TOP QUALITY HAIR PRODUCTS
541-567-0289 175-B East Main St., Hermiston
Adult, children and teen programs are scheduled throughout the year. Check our web site for details at www.hermistonlibrary.us Or call us at 541 567 2882

Story times

held at the library at 11:15 a.m. on Wednesdays and repeated on Fridays at 10:15 a.m. Story time includes, the reading of books, doing finger plays, and completing a short craft. Each week there is a different theme, come enjoy yourselves.

Monthly Reading Challenges

Each month we provide different Monthly Reading Challenges, Beanstack is the library’s new reading challenge service which you can use to log your reading minutes. It can also provide book recommendations for you and your family if you choose that feature.

Sign up for an online account for you and the readers in your family using the Beanstack site. Or you can download the Beanstack app to register.

We hope you enjoy this new service. Should you have questions or need assistance to register using the BEANSTACK app. Feel free to ask staff. Please check our library website, or facebook to see what the current monthly challenge is.

Friends of the Library

Hermiston Public Library has an active friends group. Our local Friends group help raise funds to expand the library’s collections and assist as well as pay for special programs. They support projects, have yearly book sales and promote awareness through community involvement. If you are interested in more information about what they do for the library or how you can become a member call or stop by the library. You are also welcome to attend their quarterly 6:00 p.m. meeting held at the library every third Wednesday of February, May, August, and November.

Photography Club

The Photography Club is always looking for new members to share their photo styles, get ideas from one another and grow as a group. In the past their photos have even been put on display here at the library. The group meet the second Tuesday of each month at 5:30, at the Hermiston Public Library, entrance is through the back. You may take the elevator or stairs to get to the Lanham room. We do encourage you to please call ahead as sometimes they schedule a photo walk at different locations.

Yarn Club

This is a inviting group of ladies, who meet weekly to knit, or crochet. Sometimes they have “special projects” that they are working on, or just making something beautiful and useful for themselves!

Even if you have never picked up a knitting needle or a crochet needle, don’t let that stop you. This group is willing and available to teach you. Please feel free to become part of this group, they meet every Thursday at 5:30 p.m. and also every Saturday at 10:00 a.m. If you have any questions feel free to ask the front desk where this group meets and they will happy to guide you to the Lanham room which is downstairs.

Writers Group

The writers group is formed of local residents who enjoy writing and like to discuss their thoughts on what they are presently working on. If you need help, or are stuck, or maybe you just need to bounce ideas off of, whom better then a fellow writer to do that with. Their ultimate goal is to grow as writers, and to find that encouragement that is sometimes needed. The writings include different genres of fiction, non-fiction, sci-fi etc. They are always wanting to have new members to join them, so please if you are a writer and want to have other writers around you, this is the group! They meet the fourth Thursday of each month at 5:30 p.m. downstairs in the Lanham room.

Bookminders

The adult book club, read a specific book that the library provides they then meet and discuss their different opinions on the book. This group meets on the second Tuesday of each month at the Pheasant Restaurant at 1:30 a.m. Everyone is welcome, stop by the library and ask for the book of the month.
Teen Advisory Council and Teen BookClub

The Teen Advisory Council and Teen BookClub meet on the second Monday of every month during the school year. Teen Advisory Council is at 4:00 and Teen BookClub is at 5:00. Teens help with the planning of events, they enjoy snacks, and meet other local teens. We also provide teens with a special monthly event that can be anything from trivia challenges to rolling a cabbage across the room with your head to win a prize! Teens from the advisory council are encouraged to choose library materials for purchase that they feel appeal to local teens of our community. All teens in grades 6-12 are welcome to attend.

Baby Boogie

This program is designed for birth to 24 months. Our goal is to engage and improve the quality of your little one’s life. During this program children play games, sing nursery rhymes, blow bubbles, play with puppets, use musical instruments, and use age-appropriate books. These activities can enhance your baby’s language, listening, and communication skills, visual skills and eye-hand coordination, as well as gross motor skills, and body awareness and conditioning. We hope to spark your baby’s curiosity and help “grow” connections in the brain, while providing a valuable bonding experience between you and your baby. And its fun! This program is held every Wednesday at 10:00 a.m. Entrance is through the back of the library. Take either the stairs or the elevator.

Tappin’ Toddler

This weekly program is free like all of our programs, is for 19 months to ages up to 4 years old. This program includes the same activities as birth to 24 months, with a few age appropriate modifications that will concentrate more on fine motor and spatial skill development. We will also learn more about the six early literacy skills: print motivation, vocabulary, print awareness, narrative skills, phonological awareness, and letter knowledge. For take-home, you and your child will learn some fun games to play together to build those early literacy skills needed in preschool and kindergarten. This program is held at the same time and day as the Baby & Me program.

Calendar of Events

- Bowling Fundraising Tournament—April 20th 6:00 – 8:30 pm
- Summer Inclusion Camp—June/July Dates TBA
- Annual Meeting—June 22nd begins with Disabilities Awareness Walk at 11:00 am followed by a hot dog luncheon and installation of officers
- July Annual Pool Party—Date TBA
- Activity Night—July 23rd 5:30 – 6:30 pm
- Activity Night—August 26th 5:30 – 6:30 pm

Please Follow us on Facebook for updates!!

All Arc Activities are inclusive events. We would encourage participation by individuals with ID/D along with support staff, family members are friends. If you have any questions please call: 541-567-7615 and leave a message

Achieve with us.
Parent Education Classes and Workshops
(Free Childcare and Snacks Provided For All Classes)

Hermiston:
Make Parenting a Pleasure

Make Parenting a Pleasure is a series that gives parents the great opportunities of been that child's first and most important teacher—YOU! Parents join other parents in gathering skills to achieve their family goals while reducing the stresses of parenting. It involves a lot of self-care techniques.

Wednesdays - February 6th, 13th, 20th, 27th, March 6th, 13th, 20th, 27th, April 10th, 17th, 24th, May 1st, 8th.
5:30 – 7:30 pm
HCSR- Hermiston Center for School Readiness (next to Rocky Heights Elementary)
502 W. Standard Avenue
Hermiston, Oregon
Contact Mary Lou Gutierrez @ 541-667-6172

I Am Special 101:
“Empowering Parents: Autism Inclusive”

What is autism, who or where do we get diagnose, how to live with autism, learning disabilities, inclusiveness, and other resources. The focus of this workshop is to provide parents a supportive environment without judgement. Speaker is Jonathan E. Lopez, M.S. Educational Psychology, BCBA – Board Certified Behavioral Analyst and CEO Einstein Learning Center.

Saturday – March 16, 2019 in English, 10:30 – 12:30 pm
Thursday April 18, 2019 in Spanish, 5:30 – 7:30 pm
HCSR- Hermiston Center for School Readiness (next to Rocky Heights Elementary)
502 W. Standard Avenue
Hermiston, Oregon
Contact Mary Lou Gutierrez @ 541-667-6172

Nurturing Fathers

- Nurturing Fathers series focuses on all male caregivers who are currently in a parenting role with children 0-6 years of age. The sessions focused on introducing dads to a better understanding of the skills and attitudes of being a nurturing father, the roots of fathering, self-care, effective communication and problem solving, cultural influences, building teamwork with your partner and enjoying being a father.

Thursday- April 11th, 18th, 25th, May 2nd, 9th, 16th, 23, 30th, June 6th, 13th
5:30-7:30 pm
HCSR- Hermiston Center for School Readiness (next to Rocky Heights Elementary)
502 W. Standard Avenue
Hermiston, Oregon
Contact Mary Lou Gutierrez @ 541-667-6172

Circle of Parents

Circle of Parents is an Evidence Based Parent Support Group curriculum and is offered twice a month in Hermiston. These sessions provide a place for parents to gather and share parenting experiences in a safe, fun environment. Caregivers support one another as they problem solve a variety of family issues that continue to be a barrier. Target audience is those parents who have completed an EBP but still want parenting supports.

Circle of Parents Support Group (free on going meetings)
2nd and 4th Thursday of each month
Nov. 8th, Dec. 13th, Jan. 10th and 24th, Feb. 14th and 28th, March 14th and 28th, April 11th and 25th, May 9th and 23rd, June 13th and 27th, July 11th and 25th, August 8th and 22nd, Sept. 12th and 26th, Oct. 10th and 24th, Nov. 14th and 28th, Dec. 12th
5:30 – 7:30 pm with dinner 5:30 – 6:30
Hermiston Center for School Readiness
Contact: Karlee Wallace @ 541-667-6091

Umatilla

Cooking Matters for Families

Cooking Matters is a 6 week series focuses how to prepare healthy meals on a budget. Parents and children are given information on nutrition, budgeting, label reading, and how to calculate unit prices. Each session involves preparing a meal. Every participant leaves the session with a bag of grocery items to prepare at home. UMCHS is the satellite partner for Cooking Matters through the Oregon Food Bank.

Cooking Matters (6 week cooking class)
Tuesdays - February 12th, 19th, 26th, March 5th, 12th, and 19th
5:30 -7:30 pm
McNary Heights Elementary 120 Columbia
Umatilla, Oregon 97882
Contact: Mary Lou Gutierrez @ 541-667-6172

Irrigon

Learning Picnics

The Learning Picnics focus on the pre-literacy skills: vocabulary, alphabet knowledge, alphabet awareness, narrative skills, phonological awareness, print motivation, print awareness. The purpose of the Learning Picnics is to bring caregivers and their children together to “play with a purpose”. The sessions are to extend literacy skills so that all children are entering kindergarten with the skills necessary to begin learning. Each session has an array of materials including puzzles, books, drama, music, blocks, building supplies etc. At the end of the series, one lucky family has the opportunity to win a children’s library of 30 new books to take home.

Tuesdays- July 2nd, 9th, 16th, 23rd, 30th and August 6th
Time Pending on Food Program Scheduled TBD (no child care needed)
Irrigon Marina Park
Irrigon, Oregon
Contact: Mary Lou Gutierrez @ 541-667-6172
**Boardman**

**Cooking Matters for Families**

Cooking Matters is a 6 week series focuses how to prepare healthy meals on a budget. Parents and children are given information on nutrition, budgeting, label reading, and how to calculate unit prices. Each session involves preparing a meal. Every participant leaves the session with a bag of grocery items to prepare at home. UMCHS is the satellite partner for Cooking Matters through the Oregon Food Bank.

- **Cooking Matters (6 week cooking class)**
  - Tuesdays – April 9th, 11th, 16th, 18th, 23rd, 25th
  - 5:30 -7:30 pm
  - Windy River Elementary
  - Boardman, Oregon 97818
  - Contact: Mary Lou Gutierrez @ 541-667-6172

**Learning Picnics**

The Learning Picnics focus on the pre-literacy skills: vocabulary, alphabet knowledge, alphabet awareness, narrative skills, phonological awareness, print motivation, print awareness. The purpose of the Learning Picnics is to bring caregivers and their children together to "play with a purpose". The sessions are to extend literacy skills so that all children are entering kindergarten with the skills necessary to begin learning. Each session has an array of materials including puzzles, books, drama, music, blocks, building supplies etc. At the end of the series, one lucky family has the opportunity to win a children's library of 30 new books to take home.

- **Learning Picnics**
  - Tuesdays – July 23rd, 30th, August 6th, 13th, 20th, and 27th
  - Time and location pending on Food Program schedule (no child care needed)
  - Contact Mary Lou Gutierrez @ 541-667-6172

**Quarterly Workshop Trainings:**

(Contact HCSR @ 541-667-6091)

- **Triple P (Positive Parenting Program)**
  - Positive parenting is an approach to being a parent that aims to promote children’s development and manage children’s behavior and emotions in a constructive and non-hurtful way. It is based on strong, nurturing relationships, good communication and positive attention to help children develop.
  - Triple P – April 10th @ Milton-Freewater (Chelsea Maranville)
  - Triple P – July 9th @ Pendleton Early Learning Center – PELC (Chelsea Maranville)
  - Conscious Discipline – July 23rd @ Hermiston Center for School Readiness – HCSR (CD Trainer)

- **Nurturing Parenting Workshops**

Nurturing Parenting curriculum focuses on prevention and education in the context of parenting. It was designed to empower individuals and families with new knowledge and skills.

- **Tuesdays – Boardman:**
  - March 12, 2019, 5:30 – 7:30 pm, at the Neal Learning Center by BMCC, 255 N. Olson Rd, Boardman.
  - Contact: Andrea Brockmeyer at 541-667-6171 and Laura Jaimes at 541-945-1864

- **Tuesdays – Irrigon:**
  - March 19, 2019, 5:30 – 7:30 pm, at A.C. Houghton Elementary School
  - Contact: Andrea Brockmeyer at 541-667-6171 and Luis Martinez at 541-922-5549

- **Tuesdays – Hermiston:**
  - March 26, 2019, 5:30 – 7:30 pm, at HCSR - Hermiston Center for School Readiness, 502 W. Standard Avenue
  - Contact: Andrea Brockmeyer at 541-667-6171 and Deana Larsen at 541-567-9973

- **Thursday & Saturday Workshops**

(© HCSR (contact HCSR @ 541-667-6091))

- **Empowering Parents: Autism Inclusiveness**
  - Highlights:
  - March 16, 2019, Saturday, 10:30 to 12:30, in English
  - April 18, 2019, Thursday, 5:30 to 7:30 pm in Spanish

- **Setting Limits and Routines with Children**

- Children are so energetic and have a hard time winding down. This session will focus on exploration of limit setting and routines and communicating with children, other options to deal with common behaviors.

- **May 18, 2019, Saturday, 10:30 to 12:30, in English**
  - June 20, 2019, Thursday, 5:30 to 7:30 pm in Spanish

- **Dudes Night**

- **A Day For Dudes**
  - this event that will focus on the role of a dad, uncle, grandfather, or an important male role in a child’s life. Come and enjoy an evening in wood building activities with your child (ren).
  - Each child will get a book and an activity.

- **July 20, 2019, Saturday, 10:30 to 12:30, in English**
  - August 15, 2019, Thursday, 5:30 to 7:30 pm in Spanish
**Living Well With Chronic Conditions**

Diagnosed with a chronic condition such as high blood pressure, heart disease, arthritis, depression, or another long-term health condition? Make a step-by-step plan to improve your health... and your life. Six FREE weekly classes, for patients, caregivers/support person or both. Pre-registration required.

**Dates:** Thursdays: May 9 through Jun 20
**Times:** 2:30—5 pm
**Place:** Good Shepherd Wellness Center
**Info:** Call class facilitator, Helena Wolfe at 541-561-5443
**Pre-register:** Call 541-667-3509

**Living Well with Diabetes**

Whether this is a new diagnosis or not, this class will assist you with learning more about diabetes and its effect on your mind and body. Six FREE weekly classes. Attend alone or with support person.

**Dates:** Tuesdays: May 21 through July 2
**Times:** 2:30—5 pm
**Place:** Good Shepherd Wellness Center
**Info:** Call class facilitator, Helena Wolfe at 541-561-5443
**Pre-register:** Call 541-667-3509

**Living Well with Chronic Pain**

If you are living with chronic pain (not associated with cancer), attend this workshop to learn about tools for dealing with fatigue and sleep, balancing activity and rest, communicating about your pain, and more. Six FREE weekly sessions; attend alone or with support person.

**Dates:** Thursdays: Jul 11 through Aug 22
**Times:** 2:30—5 pm
**Place:** Good Shepherd Wellness Center
**Info:** Contact facilitator Helena Wolfe at 541-561-5443
**Pre-register:** Call the Education Dept at 541-667-3509

**ConneXions**

Do you need help with medical needs, healthcare coverage, accessing community resources, education on health concerns, addiction or behavioral health concerns? ConneXions is a FREE, confidential service to assist you. Call 541-667-3504 or email health referral @gshealth.org to contact a community health worker to assist you.

**Lunch & Learns**

Join us for these FREE, informative and popular lunch & learn series covering various topics focusing on healthy living. Bring your lunch and your questions!

**Dates/Topics:**
- **Thursday, Apr 18:** “Benefits of Stretching”
- **Thursday, Jul 12:** “We are Water!”

**Times:** 12:00-1:00pm
**Place:** GSMC conferenceroom 2
**Info:** Please call 541-667-3509

**Matter of Balance**

People who are fearful of falling or have fallen can learn new skills to keep active and productive. During the FREE 8 session workshops you will learn to: View falls as controllable, Set goals for increasing activity, Make changes to reduce fall risks at home, Exercise to increase strength and Wbalance.

**Dates:** Mondays: May 6 through Jul 1
**Times:** 2—4 pm
**Place:** Hermiston Senior Center
**Info/Register:** Call 541-667-3509

**Steps to Success Fun Run/Walk**

A family-friendly fun event! All proceeds to benefit local charities. Everyone receives a healthy snack and sack lunch. Ribbons for all participants and category prizes for winners.

**Date:** Saturday, Apr 27
**Race Times:** Online registration and times posted
**Place:** Riverfront Park, 300 SW 23rd St, Hermiston
**Fees:** $15.00 without t-shirt, $25.00 with at-shirt
**Info/Registration:**
https://stepstosuccess.itsyourrace.com/register/

**Jump Starting Weight Loss Through Exercise**

If you have ever tried unsuccessfully to start or maintain an exercise program, this workshop can give you the information you need to improve your health and decrease body fat. Learn the myths and facts of weight loss, how to avoid exercise related fatigue and soreness, starting and maintaining an exercise program, and everything in between! FREE workshop for adults age 18+. Space limited so pre-registration recommended.

**Date:** Monday, Apr 22
**Time:** 12—1 pm
**Place:** Good Shepherd conference room 2
**Info/Registration:** Call the Education Department at 541-667-3509
**email:** healthinfo@gshealth.org
Better Sleep Workshop
Learn how to create a bedtime routine, address the common causes of poor sleep, and how to get your best night’s rest through sleep hygiene! FREE to adults age 18+. Space limited so pre-registration recommended.
Dates: Saturday, Apr 20 or Monday, May 20
Times: 12—1pm
Place: Good Shepherd conference rooms
Info/Registration: Call the Education Department at 541-667-3509 or email: healthinfo@gshealth.org

Senior Health Committee
Working on health, safety and resources for seniors in our area. If you have a special interest in working on senior health concerns, please join us!
Dates: Second Monday of each month
Times: 11:30am-12:30pm
Place: GSMC Conference room 2
Info: Call 541-667-3507

Quit Tobacco Help
Contact our tobacco cessation specialists to schedule your free consultation to tailor an approach to give you the best chance of success to quit tobacco. Call 541-667-3509 to schedule an appointment.

ACT- Achieve, Conquer, Thrive Program
This 6 month lifestyle change program will help you achieve your health goals! Registered Dietitian Nutritionists will help you learn how to make healthy food and activity choices each and every day. Program includes 8 weekly group classes, individual appointments for 2-3 months and a follow-up group class.
Dates: New classes start Apr 15 or Jul 8
Times: 5:30 pm
Fees: $135, thanks to a grant from Good Shepherd covering 90% of costs (Total program value $1,350). Payment plans available.
Info: Diabetes and Nutrition Center @541-667-3517

Diabetes Education Classes
Whether you’ve just been diagnosed or have had diabetes for years, diabetes self-management education classes will help you learn to manage your diabetes and enjoy a healthy lifestyle. Topics include: nutrition, physical activity, monitoring your blood sugar, medications and much more! Classes are offered in a group or individual format.
Date/Times: Mon-Fri – call to schedule your appointment
Place: Diabetes and Nutrition Center
Info call 541-667-3517

Individualized Wellness Assessment
Schedule your 30-minute consultation with our wellness expert and receive a complete wellness assessment. Service includes a health risk appraisal, lipid/glucose screening, body composition, and more! Your individualized health prescription will help you on your wellness journey!
Date/ Times: Call 541-667-3400, extension 3050 to schedule a consultation
Fees: $49.00 (covers consultation, blood work, body composition and comprehensive report)

Safe Communities
FREE monthly meetings to work on safety strategies for our communities such as stopping child abuse, domestic violence, bullying, traffic related or other safety related concerns. Let’s make safety a priority in our communities and put planning into action!
Dates: Second Wednesday of every month
Times: 12:00-1:00pm (lunch provided)
Location: GSMC Conference Center 2
Info/RSP: Call 541-667-3509 to RSVP or for additional information
Life Saving Techniques

CPR and First Aid classes taught according to American Heart Association (AHA) guidelines. Call 541-667-3509 for info. Pre-register and pre-payment required.

CPR/AED
Each participant will have a CPR/AED manual to take home.
Teaches adult, child & infant CPR.
Dates: Apr 5, May 3, Jun 7, Jul 5 or Aug 2
Times: 9am—2pm
Place: Good Shepherd conference rooms
Fee: $45.00 (includes take home manual)
Registration: Call 541-667-3509

First Aid
Each participant will have a First Aid manual to take home.
Dates: Apr 8, May 13, Jun 10, Jul 8 or Aug 12
Times: 6:00—9:00pm
Place: Good Shepherd conference rooms
Fee: $50 (includes take home manual)
Registration: Call 541-667-3509

CPR / AED & First Aid Combo
Each participant will have a CPR/AED/First Aid manual to take home.
Dates: Apr 19, May 17, Jun 21, Jul 19 or Aug 16
Times: 9:00am—5:00pm
Place: Good Shepherd conference rooms
Fee: $95 (includes take home manual)
Registration: Call 541-667-3509

Healthcare Provider (HCP) CPR
Each participant will have a HCP CPR manual to take home.
Dates: Apr 12, Apr 26, May 10, May 24, Jun 14, Jun 28, Jul 12, Jul 26, Aug 9 or Aug 23
Times: 9:00am—2pm
Fee: $55 (includes take home manual)

Red Cross Blood Drives
American Red Cross Blood Drives are held on the following dates.
Dates: Mar 18, Apr 15, Jun 27, Jul 15 or Aug 19
Times: 12:45—6:00pm
Place: GSMC Conference Rooms 1 & 2
Info/Appt: To schedule an appointment call 800-733-2767

FREE Help with Medicare
The Hermiston SHIBA (Senior Health Insurance Benefits Assistance) Office has certified volunteers to help with Medicare questions. FREE service is available to people with Medicare, (or eligible for Medicare) and their families, and caregivers.

One on One Consultations:
Location: SHIBA office located in the Good Shepherd Medical Group lobby area
Info: Call 541-667-3507 to schedule an appointment with a certified SHIBA volunteer

Babysitting Basics 101
For babysitters ages 10-15. Learn childcare techniques, children’s developmental stages and what to expect, basic first aid and infant and child CPR. Pre-registration required.
Choose any one of the following classes:
Dates: Saturday: May 4
W ednesdays: Jun 19 or Jul 10 or Aug 7
Times: 9:00am—3:00pm
lace: GSMC Conference Center
Fees: $40, includes lunch & all class materials
Pre-register: Call 541-667-3509. Must pre-register & pre-pay.
Grief Share
A FREE Faith-Based grief program.
Every Thursday: 2:45—4:15pm at Hospice Office: 645 W. Orchard, Suite 500, Hermiston.
Call Ter: 541-667-3543 or 509-301-2520
Every Wednesday: 5:30—7pm (Mar 20—Jun 26) at Stanfield Baptist Church: 310 E. Wheeler, Stanfield. Call Scott at 541-571-6886

Alzheimer’s Support
Group: Support for those caring for loved ones with Alzheimer’s or Dementias. Attend one or both groups.
Meets 2nd Monday each month at Guardian Angel Homes (Hermiston), Building C
Meets 4th Monday each month at GS Medical Office Plaza (620 NW 11th), lower level
Times: 5:30-7:00pm (both groups)
Info: Call Tom Moore: 541-571-1363

Hope for Healing Support Group
Free, ongoing bereavement support group dealing with loss and grief issues.
Dates: Every Tuesday or Wednesday
Times: 6:00-7:30pm
Place: Brun Building (645 W. Orchard, Suite 500)
Info: Call at Hospice: 541-667-3543 or Ter at 509-301-2520
Place: GS Medical Office Plaza
Fees: $40, includes lunch & all class materials
Pre-register: Call 541-667-3509.
Must pre-register & pre-pay. an appointment.

Alzheimer’s Support
Group: Support for those caring for loved ones with Alzheimer’s or Dementias. Attend one or both groups.
Meets 2nd Monday each month at Guardian Angel Homes (Hermiston), Building C
Meets 4th Monday each month at GS Medical Office Plaza (620 NW 11th), lower level
Times: 5:30-7:00pm (both groups)
Info: Call Tom Moore: 541-571-1363

Support Groups
Breast Cancer Support
Group: Support and encouragement for those affected by breast cancer.
Dates: Every 3rd Monday each month: Apr 15, May 20, Jun 17, Jul 15, Aug 19
Times: 6:30—8:30pm
Place: Good Shepherd Medical Office Plaza, M-02
Info: Please call Shari at (541) 561-7407 or Dian at (541) 561-4302.
Umatilla County Fair
August 6-10, 2019

Fair Concerts on the Main Stage

Tues. Aug. 6 - Tracy Byrd
Weds. Aug. 7 - Jackson Michelson
Thurs. Aug. 8 - The Georgia Satellites
Fri. Aug. 9 - Latino Night
Sat. Aug. 10 - Sugar Ray

Music & Dancing at the "Barley Barn"
Must be 21 or older

Call or stop by the Fair Office at
Eastern Oregon Trade & Event Center 1705 E. Airport Rd. Hermiston, OR
541-567-6121

Tickets Go On Sale April 8th
Reserve & Premium Seating Available
(does not include fair admission)

Check out our website for entertainment updates
www.UmatillaCountyFair.net

Ask us about
“Fun at the Fair” Kids Camp
1st through 5th graders

Steps-to-Success Fun Run/Walk
Saturday, April 27th, 2019

This is a family friendly event as well as for the serious runner.
All proceeds to benefit local charities.

Race times: Online registration and times will be posted in January of 2019

Location: Riverfront Park, 300 SW 23rd Street, Hermiston

Awards: Everyone receives a healthy snack and sack lunch. Ribbons for all participants and category prizes for winners.

Registration Fees: $15.00 without t-shirt; or $25.00 with a shirt
View Fun Details:
stepstosuccess.itsyorrace.com/register/
Approved Bounce House Vendor in Hermiston City Parks!!!!

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  (1 lane & 2 lane)
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  (7n1 with or without water option)
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- Dry Slides
- Bounce Houses
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- Inflatable Obstacle Course - Dry
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- Dunk Tanks & Water Games
- Casino Games

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Ambassadors Soccer Camp
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Call Today: 541-567-2018
Health Education & Wellness
offered by
Good Shepherd Medical Center

- Matter of Balance
- Living Well classes
- Lunch & Learns
- Stress Management
- Weight Loss through Exercise
- Better Sleep

Check out pages 34-37 for complete listings

541-667-3509

Good Shepherd
Health Care System

FREE

NortheastOregonNow.com
(neonow.com)

Online Local & Regional News & Events

Refreshed daily.

Chicken Strip Basket
Blizzard

Orange Julius

1140 North First St.,
Hermiston, OR
541-567-6622
AYSO registration is coming soon! Come join the biggest soccer club in the world!

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Registration Dates:
Friday, May 3rd 6pm-9pm $70 Registration Fee
Friday, May 24th 6pm-9pm $70 Registration Fee
Friday, May 31st 6pm-9pm $70 Registration Fee
Last Chance Thursday, June 13th 6pm-9pm $80

Location: Rocky Heights Elementary Gym
650 W Standard Ave

Everyone Plays
Balanced Teams
Open Registration
Positive Coaching
Good Sportsmanship
Player Development

Volunteers Needed:
We are in need of volunteers – especially coaches, referees and board members. Free training and equipment provided. Please visit www.AYSO877.org to apply and visit our volunteer table at registration.

AYSO Region 887 would like to thank the City of Hermiston and all of our sponsors for their continued support.

Get involved! We are always looking for volunteers to be coaches, referees, and other available Regional Board positions.
For any Questions or to contact the Board visit us on our new website at ayso.bluesombrero.com/region887

Visit our Website at: www.HermistonAYSO.org
Follow us on Facebook “Columbia United Soccer” for up-to-date information now and throughout the season.

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1705 E. Airport Road, Hermiston, OR
541.289.9800

Registration Beginning May 1, 2019
http://mudville2019.eventbrite.com
Applications Now Available!

Hydromania is a fun-filled summer science camp for students who have just completed the 4th and 5th grade that is focused on science, water, our environment and energy.

This exciting camp includes hands-on experiments, activities, field trips, and interaction with other students, making it an unforgettable experience.

TO LEARN MORE VISIT: www.UmatillaElectric.com or call (541) 567-6414.
**Park Rules**  
*(City Code 93.04)*

- Park Hours: Sunrise-Sunset (unless otherwise posted)
- Gas Grills Only (No Charcoal)
- No alcohol or controlled substances
- No motorized vehicles
- No fires, fireworks or firearms
- Pets must be leashed & cleaned up after. No horses.
- No overnight parking or camping
- Do not damage or deface public property
- All trash must be placed in approved containers
- No excessive noises that disturb others
- No unauthorized commercial activities

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### Event Center Rentals/Activities

1. **Hermiston Community Center**  
   415 S. HWY 395  
   Event Center Rentals/Activities

2. **Hermiston Family Aquatic Center**  
   879 W. Elm St  
   Outdoor Aquatic Center/Event Rentals

3. **Harkenrider Senior Activity Center**  
   255 NE 2nd St.  
   Senior Activities/Event Center

4. **McKenzie Park**  
   320 S. 1st St  
   Shelter/Playground/Restrooms

5. **Victory Square Park**  
   150 SW 10th St  
   Shelter/Playground/Restrooms

6. **Butte Park**  
   1245 NW 7th St  
   Splash Park/Shelter/Playground/Restrooms

7. **Hodge Park**  
   100 W. Highland St  
   Shelter/Playground/Restrooms

8. **Riverfront Park**  
   Orchard Ave Extension  
   Playground/Walking Trail/Restrooms

9. **Harrison Park**  
   NW 13th St  
   Playground

10. **Greenwood Park**  
    80 W. Beech Ave  
    Shelter/Playground/Restrooms

11. **Newport Park**  
    515 E. Newport St  
    Playground/Restrooms/Play Fields

12. **Sunset Park**  
    1100 NE 4th St  
    Playground/Basketball

13. **Highland Park**  
    134 NE 13th St.  
    Playground

14. **Belt Park**  
    705 W. Pine Ave.  
    Shelter/Walking Trail

15. **Theater Sports Park**  
    1800 NW 6th St  
    Softball/Playground/Restrooms

16. **Hermiston Desert Disc Golf**  
    Elm Ave Extension  
    Disc Golf Course/Walking Trail
Picnic Shelter Rentals

Shelters can be rented online 120 days before date. No refunds.

$50 - Resident
$75 - Non-Resident

Rental Times:
- Early: 8am-2pm
- Late: 3pm-9pm

Approved Bounce House Providers:
1. Bouncin Bins  509-545-4465
2. Cottage Event Rentals 541-289-6487

Butte Park  McKenzie Park  Victory Sq. Park  Hodge Park

541-667-5018  www.HermistonRecreation.com
<table>
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<td><a href="http://www.hermistonrecreation.com">www.hermistonrecreation.com</a></td>
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<td>Youth Golf Program</td>
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<td><a href="http://www.hermistonrecreation.com">www.hermistonrecreation.com</a></td>
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<td>Special Services</td>
<td>The Arc of Umatilla County</td>
<td><a href="http://www.thearcumatilla.org">www.thearcumatilla.org</a> michele/kietzke@eontnet.net</td>
<td>541-567-7615</td>
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<td>Reading Classes/Programs</td>
<td>Hermiston Public Library</td>
<td><a href="http://www.hermistonlibrary.us">www.hermistonlibrary.us</a></td>
<td>541-567-2882</td>
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<td>Adult Soccer</td>
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<td>Women’s League</td>
<td><a href="mailto:gardoval1126102720@hotmail.com">gardoval1126102720@hotmail.com</a></td>
<td>541-701-6959</td>
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<td>Hermiston AYSO</td>
<td><a href="http://www.hermistonayso.org">www.hermistonayso.org</a></td>
<td>541-701-6959</td>
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<td>Girl Scouts of America</td>
<td><a href="http://www.girlscoutsofw.org">www.girlscoutsofw.org</a></td>
<td><a href="mailto:answers@girlscoutsofw.org">answers@girlscoutsofw.org</a></td>
<td>541-389-8146</td>
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<td>Boys Scouts of America</td>
<td>Blue Mountain Council</td>
<td><a href="http://www.bmcsa.org">www.bmcsa.org</a></td>
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<td>Basketball</td>
<td>AAU/HYBA</td>
<td><a href="http://www.hermistonbasketballclub.org">www.hermistonbasketballclub.org</a></td>
<td>541-561-5324</td>
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<tr>
<td>Grid Kids Football</td>
<td>Hermiston Grid Kids Football</td>
<td><a href="mailto:jgutierrez391978@gmail.com">jgutierrez391978@gmail.com</a></td>
<td>541-314-5399</td>
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<td>Youth Baseball</td>
<td>Hermiston Little League</td>
<td><a href="http://www.hermistonlittleleague.com">www.hermistonlittleleague.com</a></td>
<td>541-667-6000</td>
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<td>Baseball</td>
<td>Hermiston American Legion</td>
<td><a href="mailto:Kevin.Moore@hermistonisd.org">Kevin.Moore@hermistonisd.org</a></td>
<td>541-567-2502</td>
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<td>Music Group</td>
<td>Inland NW Musicians</td>
<td><a href="mailto:innm@machmedia.net">innm@machmedia.net</a></td>
<td>541-289-4676</td>
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<td>Hunter Safety Class</td>
<td>Oregon Fish &amp; Wildlife</td>
<td><a href="mailto:dmock21@charter.net">dmock21@charter.net</a></td>
<td>541-561-6654</td>
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<td>Community Services</td>
<td>Capeco</td>
<td><a href="http://www.capeco-works.org">www.capeco-works.org</a></td>
<td>541-567-7889</td>
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<td>Child Care, Classes,WIC</td>
<td>Umatilla-Morrow Head Start</td>
<td><a href="mailto:ccr@umcms.org">ccr@umcms.org</a></td>
<td>541-567-6878</td>
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<td>Wellness Activities</td>
<td>Good Shepherd Health Care System</td>
<td><a href="http://www.gshealth.org">www.gshealth.org</a></td>
<td>541-667-3509</td>
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<td>Golf</td>
<td>Echo Hills Golf Course</td>
<td><a href="http://www.echohillsgolfcourse.com">www.echohillsgolfcourse.com</a></td>
<td>541-376-8244</td>
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<tr>
<td>Golf</td>
<td>Big River Golf Course</td>
<td><a href="http://www.goldbriargolf.com">www.goldbriargolf.com</a></td>
<td>541-922-3006</td>
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<td>Bowling</td>
<td>Hermiston Desert Lanes</td>
<td><a href="http://www.bowldesertlanes.com">www.bowldesertlanes.com</a></td>
<td>541-567-6364</td>
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<td>Outreach Support Services</td>
<td>Pregnancy Care Services</td>
<td>trucareprc.com</td>
<td>541-567-2393</td>
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<tr>
<td>Support Service Group</td>
<td>EO Down Syndrome Support Group</td>
<td>joypowers@<a href="mailto:9@aol.com">9@aol.com</a></td>
<td>541-720-7880</td>
</tr>
<tr>
<td>Youth Track Program</td>
<td>Little Hurricanes</td>
<td><a href="mailto:Emilie.Stratton@hermiston.k12.or.us">Emilie.Stratton@hermiston.k12.or.us</a></td>
<td>541-667-6115</td>
</tr>
<tr>
<td>Special Olympics</td>
<td>Special Olympics</td>
<td><a href="http://www.soor.org">www.soor.org</a></td>
<td>541-969-0677</td>
</tr>
<tr>
<td>Tae Kwon Do</td>
<td>E.O. Family Tae Kwon Do</td>
<td><a href="mailto:evwatson24@hotmail.com">evwatson24@hotmail.com</a></td>
<td>541-308-6046</td>
</tr>
<tr>
<td>Martial Arts</td>
<td>Hermiston School Of Karate</td>
<td><a href="http://www.tmaakarate.com">www.tmaakarate.com</a></td>
<td>541-720-7706</td>
</tr>
</tbody>
</table>

**Hermiston Recreation Policies**

**Cancellation/Withdrawal/Refund Policy**

Hermiston Recreation reserves the right to cancel or postpone classes that do not meet minimum enrollment up to 72 hours before class begins, or for any other unforeseen circumstances. Every effort will be given to reschedule an interrupted program as soon as possible. If a program cannot be rescheduled, you will receive a full refund as credit on your account. Programs operated with third party vendors may require earlier cancellation.

You may cancel a class/program at any time. In order to receive a full refund, your request must be received at least seven days before the first program meeting date. If your request is received within 7 days of the first program meeting, your account will be credited with the registration fee. Swim lesson refunds/transfer will be charged an additional $10 processing fee. After a class/program begins, no refund will be issued.

**Photo Policy**

Photos or videos taken by Hermiston Recreation at any facility or activity may be used for promotional purposes. Names are not published without specific permission granted by a participant.
Downtown District
Summer Festival Series

May 18th  Art Festival
June 29th  Cork & Barrel Wine Event
July 13th  Spud Fest
August 17th  MelonFest
September 21st  Farm To Junk Show
October 5th  HarvestFest

For More Information Call 541-667-5018